

# COPY

CLIENT United Methodist Health Ministry Fund

MEDIUM Radio - 60"

SUBJECT Channel Zapper



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(HCA INSTRUMENTAL THEME HYMN UNDER)

*Try to picture this:* Jesus as a chip-munching, caffeine-chugging, channel zapper.

Can't quite do it...*can you?*

So let's follow in *His* path...and choose a life of health and involvement. We're committed to an innovative, exciting new approach called *Healthy Congregations*. And we invite you to join us!

It's about better *physical health*. It's about maintaining *mental health*.

It's about opportunities for *social interaction and support*.

And, of course, it's about spiritual health.

It's about *all* of you. All of us being healthier in *every* way.

For more information, call or stop by \_\_\_\_\_,  
(NAME OF CHURCH)

\_\_\_\_\_, and visit with \_\_\_\_\_.  
(CHURCH ADDRESS) (NAME OF CONTACT PERSON)

You don't have to be a member to enjoy our *Healthy Congregations* activities at \_\_\_\_\_.  
(NAME OF CHURCH)

(MUSIC UP FOR VOCAL CLOSE)

COPY

CLIENT United Methodist Health Ministry Fund -

MEDIUM Radio

SUBJECT Church Dinners



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(HCA INSTRUMENTAL THEME HYMN UNDER)

Did God *really* ordain only fried chicken, cheesy potatoes, and apple pie as *the official* church dinner?

Oh, we all enjoy those delicious church dinners! But...we've made a commitment to the *Healthy Congregations* program. So now, *our* church is taking a fresh look at meals and snacks we serve. No, we aren't giving up all that good stuff...we're just making sure we include plenty of the good healthy, *nutritional* foods, too.

But *Healthy Congregations* is about a lot more than eating. It's about better *physical health*....and *mental health*...and *social stewardship*... and, of course, it's about spiritual health. It's about *all* of you. All of us being healthier in *every* way. Won't you join us?

You'll find all kinds of healthy opportunities at \_\_\_\_\_,  
(NAME OF CHURCH)

\_\_\_\_\_. We invite you to call or stop by for more  
(CHURCH ADDRESS)

information about all our activities.

(MUSIC UP FOR VOCAL CLOSE)

# COPY

CLIENT United Methodist Health Ministry Fund -

MEDIUM Radio - 60"

SUBJECT Cheerful Exercisers



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(HCA INSTRUMENTAL THEME HYMN UNDER)

You've always heard God loves a cheerful giver.

Well...God probably loves a cheerful *exerciser*, too!

After all, it's a lot easier to give of yourself when you're feeling good.

*Feeling good about yourself. Feeling good about life.*

So at our church, we've adopted *Healthy Congregations*... an innovative approach that's all about being healthier -- physically, mentally, and socially...*as well as spiritually*.

Sure, we'll be offering some exercise classes. But there are many other exciting, beneficial ways *Healthy Congregations* is helping us work at becoming the people God really wants us to be.

Why don't you come join us? We invite you to call or stop by

\_\_\_\_\_, \_\_\_\_\_  
(NAME OF CHURCH)

(CHURCH ADDRESS)

and find out more about *Healthy Congregations*

(MUSIC UP FOR VOCAL CLOSE)

COPY

CLIENT United Methodist Health Ministry Fund -

MEDIUM Radio - 60"

SUBJECT Our Gift



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(HCA INSTRUMENTAL THEME HYMN UNDER)

“What we are is God’s gift to us. What *we become* is our gift to God.”

Becoming...*becoming better people of God* -- physically...mentally...  
socially... and, of course, *spiritually*... That’s what *Healthy Congregations*  
is all about.

If you’ve been wanting to get out of the rut and into a healthier way of  
life, we think you will appreciate this innovative approach. And you don’t  
even have to be a member of our church to participate. Just consider it *our*  
*gift to you*...and to our community.

To find out more about the activities, classes, and programs that are now  
a mission of \_\_\_\_\_,  
(NAME OF CHURCH)  
we invite you to call or  
stop by. \_\_\_\_\_ will be glad to tell you all  
(NAME OF CONTACT PERSON)  
about the *Healthy Congregations* opportunities offered by at \_\_\_\_\_  
\_\_\_\_\_, \_\_\_\_\_  
(NAME OF CHURCH) (CHURCH ADDRESS)

(MUSIC UP FOR VOCAL CLOSE)