

United Methodist Health Ministry Fund

Issues and Answers

Healthy Congregations Annual Retreat

April 8, 2005

Healthy Congregations



Healthy Congregations Annual Retreat

Healthy Congregations



Healthy Congregations Recognition Program

- 85 Churches participated in 2004

Healthy Congregations



Healthy Congregations Grants Program

- \$5,000 maximum
- Start-up and expand church-based health and wellness ministries

Healthy Congregations



Healthy Congregations In Action

- Kansas Area Healthy Lifestyles Committee

Healthy Congregations In Action

Servant Leadership: A Model for
Personal and Professional Self-Care

Healthy Congregations In Action

Train the Trainer Workshops

May 6th 8:30-5:00, Spiritual Life Center, Wichita

Commitment:

- Complete and keep a self-care covenant
- Participate in a follow-up trainers' workshop—fall 2005
- Co-teach this workshop to at least one pilot site

Healthy Congregations In Action

Pilot Congregations Program

- 15-22 sites
- Engage in more intentional creation of healthy nutrition and healthy exercise environments

Healthy Congregations In Action

- Develop a plan of action
- Conduct congregational health assessments
- Conduct targeted individual health assessments
- Offer self-care covenant workshops and support
- Implement multiple projects from menu

Healthy Congregations In Action

Pilot churches will receive:

- \$1,000
- Training twice a year
- Evaluation tools/resources
- Congregational and individual health assessments
- Eligibility for \$5,000 Healthy Congregations Grants

Healthy Congregations In Action

Pre-application workshops

- July 11, Great Bend
- July 25, Hutchinson
- August 12, Ottawa

Healthy Congregations



- Healthy Congregations Annual Retreat
- Healthy Congregations Recognition Program
- Healthy Congregations Grants
- Healthy Congregations In Action
[Kansas Area Healthy Lifestyles Committee]



Healthy Nutrition/Healthy Exercise

Safety Net Clinic Grants

Early Childhood (developing)

Oral Health



- \$1.5 million in 2004
- Workforce Study
- Oral Health Kansas

Current Requests for Proposals



1. Treatment and prevention programs
2. Water fluoridation
3. Integrating oral health into medical/social services
4. Workforce recruitment, retention, and career education



Access to Primary Care

Kansas Health Consumer Coalition

Safety Net Clinic Expansions

Public Policy/Advocacy

Health Care Reform



- Dialogues across Kansas in faith-based settings
- Focused on solutions
- Fall 2005

Questions?





A Final Story

When Our Work Succeeds



HealthMINISTRY**Fund**